

FREE

# Resident Online Training Programme 2020-21

## Learn to do more

Want to learn new skills?  
Build your confidence?  
Find out more about living in your home? Then you may be interested in attending one of our training courses.

Our Resident Training Programme covers a wide range of topics to suit different needs – from improving your community to learning more about living in your home and food growing to health and safety.

We also run courses for residents who are members of residents' associations to help them with chairing meetings and organising community events.

Accredited training means you will receive a nationally recognised qualification.

All courses are free to residents of THH, EastendHomes, Gateway, Metropolitan, Poplar HARCA, Providence Row, Southern Housing Group, Spitalfields and THCH.



"I feel very inspired, confident and motivated to implement what I've learnt in this training in my personal and professional life."  
Miss L., Resident



COURSE	DATE	TIME
● Level 2 Food Safety & Hygiene (Accredited)	Wednesday 18 November 2020	10am
● Building and Managing Teams	Saturday 21 November 2020	10am
● Personal Leadership and Effectiveness (2 day course)	Saturday 28 November & Saturday 5 December 2020	10am
● Digital Training (session 1)	Wednesday 9 December 2020	10am
● Safeguarding	Saturday 12 December	10am
● Organising and Running an Event	Saturday 9 January 2021	10am
● Get that Job	Wednesday 13 January 2021	10am
● Bid Writing and Grant Funding (session 1)	Saturday 16 January 2021	10am
● Mental Health Awareness (session 1)	Wednesday 20 January 2021	10am
● Money Management	Saturday 23 January 2021	10am
● Welfare Advice	Saturday 30 January 2021	10am
● Well Being and Resilience	Wednesday 3 February 2021	10am
● Level 2 Food Safety & Hygiene (Accredited)	Saturday 6 February	10am
● Bid Writing and Grant Funding (session 2)	Wednesday 10 February 2021	10am
● Resident Training - Committee Skills	Saturday 13 February 2021	10am
● Digital Training (session 2)	Saturday 27 February 2021	10am
● Mental Health Awareness (session 2)	Saturday 6 March 2021	10am
● Child Development	Saturday 13 March 2021	10am
● Public Speaking & Presentation Skills	Saturday 20 March 2021	10am
● First Aid to Knife Crime (practical class room training)	Saturday 27 March 2021	10am
● Project Management (2 day course)	Saturday 5 & Saturday 12 June 2021	10am
● Running Your Own Business - Dream to Reality (2 day course)	Saturday 19 & Saturday 26 June 2021	10am

**COURSE CATEGORIES:**  
 ● Personal Development ● Improving Your Community ● Health & Safety ● Business



All training courses will be conducted online via Zoom. You will be required to have Zoom installed – details can be found on our Eventbrite page (see below).

APPLY NOW

To apply now scan the QR code or visit:  
[www.eventbrite.co.uk/o/tower-hamlets-homes-31615231241](http://www.eventbrite.co.uk/o/tower-hamlets-homes-31615231241)

For more information contact: ☎ 020 7920 7328  
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